

Robert J. Ott, a former South Jersey man who was left blind from a single gunshot wound to his head during a nightclub scuffle attack in 1990, appears on the July cover of TaeKwonDo Times Magazine.



The former Runnemede man is shown flipping two men on their back simultaneously while on bended knee and is also seen seated in a meditative pose. Magazine copies go on sale at newsstands on Tuesday, selling for \$4.99, says Ott, who now lives in Olympia, Washington state.

In the cover story, Ott talks about overcoming his fear of crossing a busy traffic intersection and about how he developed his "touch to touch" Korean martial arts technique and philosophy. The title is "Master Robert Ott, Blind Visionary Creates Kidokwan."

He also uses a metaphor to explain the importance of self-love.

"Each time we travel and take a plane, it is often written on the directions of the air mask to first put it on yourself prior to helping the individual sitting adjacent to your seat," the article states.

"This statement goes far in many things in life. If one cannot self-love, then the ability to find positive human growth and the giving of knowledge, drive, lust, passion, and care will never be truly found," Ott writes.

"The article is very educational," Ott says Thursday, in a phone interview. "It gives the realization that even if you're blind, you can still teach martial arts. And on the flip side of the coin, it teaches martial arts instructors that you can still teach martial arts to someone who is blind."

Ott is now founding president and CEO of Certain Victory Food Services Inc., which has a payroll of about 500 employees. Roughly 25 percent of the work force qualify as being disabled.

In March, Ott returned to South Jersey in March for the audio CD release of his 220-page autobiographical book, "Certain Victory," which was originally published in the latter part of 2006.