

## COMMANDERS CULINARY SHOWCASE

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Whether you choose a cooking class for casual training or for the foundation of a culinary career, the instruction should improve your talent in the kitchen. If you are new to cooking, cooking classes will teach you essential cooking techniques, if you are experienced in the field, you can brush up on basic cooking skills, experience new cuisines, and learn advanced culinary techniques. You will learn the proper way to look at recipes, and the reasoning behind the choice of ingredients. Time spent in a cooking class with professionally monitored hands on experience, will insure you to produce better results every time you step into the kitchen.

Recreation Coordinator for SFAC, Danita Dahl organizes a fun cooking class for all soldiers who are interested in attending. This is a once a month program, which is held the last Wednesday of every month from 5:00 pm-7:00 pm. The classes are taken place in the barracks kitchen. This program was started by Lieutenant Karl Bolton. He had an amazing salsa recipe that he wanted to teach others to make. This was the start of the, "Commanders Culinary Showcase."

What I really love about this program is that everything is donated. The chef volunteers his or her time to teach the soldiers a variety of dishes as well as showing them that cooking can be an enjoyable experience. The USO also donates \$100 Safeway gift card every month to help pay for the supplies needed for the class.

Whether you are new or experienced in the kitchen, all are welcome to attend. Cooking classes are fun! You will learn new dishes, make new friends, and take home new techniques and ideas to make cooking at home more pleasant.

I would like to thank, Ashlie Crouch for teaching and sharing her skills for the April class. I have known Ashlie for several years through herself catering for many of our off base events for Certain Victory Food Services, Inc. Currently today, Certain Victory Food Services, Inc is the company that provides the labor to feed the soldiers at Joint Base Lewis-McChord. As a result, the company hopes to provide more volunteers for the, Commanders Culinary Showcase program.

If anyone is interested in attending or if you are a licensed chef who would like to donate there time to this program, please contact Danita Dahl.

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